Manual Therapy of the Lower Quarter

DATES:       June 7-8, 2014

INSTRUCTORS: Matt Lee PT, DPT

LOCATION:    NovaCare Rehabilitation
             2104 Northdale Blvd., NW #100
             Coon Rapids, MN 55433

TARGET AUDIENCE: PT, PTA, ATC, SPT

INSTRUCTIONAL LEVEL: Entry Level

TUITION: $395 Waived for full time employees of Select Medical’s Outpatient Division

COURSE CAPACITY: 30

CONTACT HOURS: 13.25

ACCREDITING BODIES: Approved provider with NATBOC, AOTA & MN Board of Physical Therapy

ENROLLMENT: http://smportal/Departments/OutpatientDivision/OutpatientEducation/SelectLivePrograms/CourseCalendar/tabid/643/Default.aspx or contact apsiegel@selectmedical.com for an application form.

Participants will receive notification by e-mail from the Department of Outpatient Education confirming their acceptance into the program 4-6 weeks prior to the course. If you do not received confirmation of your status please call 804-290-0107 or email apsiegel@selectmedical.com.

All participants are expected to attend the entire educational program. No partial continuing education credit can be extended. In the event that an individual who has been confirmed for a program fails to attend without giving prior notification, notification of their absence will be sent to their Market Manager.

Please be advised that the Department of Outpatient Education will not be able to reimburse the participant for any travel, lodging, or meal costs associated with attendance at the program.
Course Description:

This entry level program is designed to expose participants to a broad range of readily applicable manual techniques to address common lower quarter musculoskeletal disorders. It also reviews current evidence for the administration of these techniques, as well as how they are most effectively incorporated into a treatment regime and contraindications for their use. The course, which focuses upon articular mobilization techniques, is lab intensive and is designed to provide participants with a sound grasp of a wide range of techniques with high clinical utility.

Target audience: PT, PTA, ATC, SPT  
Instructional Level: Entry Level

Course Objectives:

Upon completion the participant will be able to:

1. Describe the various proposed mechanisms behind the efficacy of manual techniques.
2. Describe indications and contraindications for articular mobilization in general and specific techniques in particular.
3. Describe current evidence supporting the use of manual therapy as it relates to disorders of the lower quarter.

Agenda:

Saturday:

7:45  Registration  
8:00  The scientific rational and evidence for manual therapy  
9:30  Break  
9:45  Thoracic Spine and Thoracolumbar Junction.  
12:00 Lunch  
1:00  The Lumbar Spine  
3:00  Break  
3:15  The Lumbopelvic Girdle  
5:00 Close

Sunday:

8:00  The Hip  
9:30  Break  
9:45  The Knee  
11:00 The Foot and Ankle  
12:30 Lunch  
1:00  Case Studies  
2:00  Group Presentations  
3:00  Close

Program Accreditation:

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 13.25 contact hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.

ADA Compliance:

The Select Medical Outpatient Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for attendees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impairment that would require special accommodation to ensure a satisfactory learning experience.