Ryan Perry, PT, DPT, OCS, CSCS, FAAOMPT

Ryan graduated from Bradley University in 2001 with a Bachelor of Science in Physical Therapy. In 2002, he attained his Certified Strengthening and Conditioning Specialist (CSCS). Ryan completed his Manual Therapy Certification (MTC) through the Ola Grimsby Institute in 2004. Ryan proceeded to complete an orthopedic residency in 2005 and subsequently completed his Fellowship and DPT in 2006, also through the Ola Grimsby Institute, which led to him being distinguished as a Fellow of the American Academy of Orthopedic Manual Physical Therapists (FAAOMPT). Ryan has been very active with continuing education with an emphasis on manual therapy. He has been active in the Select Medical/ NovaCare national journal club both as a member and moderator. Ryan has been a Site Coordinator / Center Manager since 2004. He also is the head of the Chicago Continuing Education Team and serves as a member of the National Clinical Career Ladder Advisory Panel. Finally, he is happily married to his beautiful wife, Stacy. He has taught locally since 2004 and nationally since 2008.

Program Accreditation:

Select Medical is an approved provider with the National Athletic Board of Certification #P570 and American Occupational Therapy Association #4018. This course has been approved by the Florida Physical Therapy Association for 13.5 PT hours & 11 PTA hours.

TARGET AUDIENCE: PT OT PTA COTA ATC
LEVEL: Multiple
CONTACT HOURS: 11.25
Current Concepts in Shoulder Rehabilitation
September 13-14, 2014

Course Description
This 1½ day program is designed to bridge the gap between scientific research and clinical practice. The concepts and principles presented will emphasize current and innovative approaches to the biomechanical evaluation and treatment of shoulder pathology. Teaching methods will include lecture (40%) and lab practice (60%). The focus of the program is on immediate clinical application of evidence-based practice in a limited access environment.

Course Objectives
Upon completion the participant will be able to:
• Explain and integrate the functional anatomy of the SC, AC, GH, and scapulothoracic joints into a plan of care on behalf of a patient.
• Explain the functional and stabilizing function of the muscles and ligaments of the shoulder.
• Define the biomechanical and EMG relationships of the upper extremity during functional activities
• Understand adhesive capsulitis, impingement syndrome, and labral lesions.
• Perform a comprehensive and efficient orthopedic clinical examination of the shoulder based on current diagnostic evidence.
• Understand the specificity, sensitivity and likelihood rations for common special tests used in daily practice.
• Name the common signs and symptoms of operative and non-operative pathologies of the shoulder
• Explain the evidence based rationale and general treatment concepts of orthopedic shoulder pathologies so as to design and implement specific therapeutic activities.
• Perform manual and therapeutic exercise techniques for the shoulder.
• Construct and implement a functional rehabilitation program with accurate dosage in the treatment of shoulder injuries.

Agenda
Saturday, 9/13/14
7:30 Course Intro, Overview, & Objectives
8:00 Key Anatomical/Biomechanical Concepts
8:30 Evaluation/Examination
9:45 Break
10:00 Evaluation/Examination LAB
12:00 Lunch Break
1:00 Pathology / Differential Diagnosis, Part I
1:30 Manual Therapy Principles
2:00 Joint and Soft Tissue Mobilization
2:45 Break
3:00 Joint and Soft Tissue Mobilization Lab
5:00 Adjourn

Sunday, 9/14/14
7:45 Educational Activity Overview
8:00 Saturday Review
8:15 Pathology / Differential Diagnosis, Part II
9:00 Therapeutic Exercise Lecture / Exercise Dosage
9:45 Break
10:00 Therapeutic Exercise Lab
10:45 Case Studies
11:45 Tool Box Info, Q/A, Course Wrap-Up
12:00 Adjourn

QUESTIONS:
If you have questions, please contact course Coordinator, Erin Melton: emelton@selectmedical.com or 804-290-0107.