Manual Therapy of the Upper Quarter
Lab Intensive

Course Description
This entry level program is designed to expose participants to a broad range of readily applicable manual techniques to address common upper quarter musculoskeletal disorders. It also reviews current evidence for the administration of these techniques, as well as how they are most effectively incorporated into a treatment regime and contraindications for their use. The course, which focuses upon articular mobilization techniques, is lab intensive and is designed to provide participants with a sound grasp of a wide range of techniques with high clinical utility.

Course Objectives
Upon completion the participant will be able to:
1. Describe the various proposed mechanisms behind the efficacy of manual techniques and critique the evidence that supports each one.
2. Describe indications and contraindications for articular mobilization in general and specific techniques in particular.
3. Describe current evidence supporting the use of manual therapy as it relates to disorders of the upper quarter.
5. Demonstrate safe and effective application of manual therapy techniques as they pertain to common musculoskeletal disorders.

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November 8-9, 2014

Agenda
Saturday, 11/8/14
7:45 Registration
8:00 The scientific rational and evidence for manual therapy
9:30 Break
9:45 The Cervical Spine
12:00 Lunch
1:00 The Cervicothoracic Junction & First Rib
3:00 Break
3:15 The Shoulder Complex.
5:00 Close

Sunday, 11/9/14
8:00 The Elbow
10:15 Break
10:30 The Hand & Wrist
12:00 Case Studies
12:45 Break
1:00 Case Studies
2:00 Group Presentations
2:45 Questions
3:00 Close

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Please check: □ATC □PT □PTA □OT □OTA □Other ______
Name:__________________________________________
Address:__________________________________________
City:___________________State:____Zip:_____________
Phone:_________________________________________
Email:__________________________________________
(Please provide E-mail to receive electronic confirmation)
Registration Fee: $395.00
Payment Options:
1. Fax completed registration/payment info to 717.635.3897
   Check payable to: Select Medical
2. Credit Card: □Visa □Mastercard □Check
   Credit Card number:___________________________
   Expiration Date:_____ CCV Code:___________
   Signature:______________________________
3. Mail Registration and Check to:
   Select Medical Attn: Erin Melton
   1794 N. Parham Road, Richmond, VA  23229
   Fax: 717.635.3897
   Email: emelton@selectmedical.com

Cancellation Policy: Written notification of cancellation 10 days prior to course date – Refund request will be honored (less $50 processing fee). Cancellation notification within 10 days prior to the course will result in full forfeiture of tuition amount. Select Medical reserves the right to cancel this program. In the event of course cancellation, a full refund will be given.

Enrollment for SELECT MEDICAL EMPLOYEES only
http://smportal/Departments/OutpatientDivision/outpatientEducation/SelectLiveProbrams/CourseCalenda r/tabid/643/Default.aspx or contact emelton@selectmedical.com for an application form.
Matt Lee, PT, DPT, OCS, FFAOMPT
Matt has a Doctor of Physical Therapy degree from Regis University and a Masters of Physical Therapy degree from the University of Evansville. He completed his clinical fellowship at the Kaiser Permanente Fellowship in Advanced Orthopedic Manual Physical Therapy in Hayward, California. Matt is involved with post graduate education with Regis University, the University of Kentucky, Select Medical and Kaiser Permanente. His clinical interests are in pain science, manual therapy, and whiplash associated disorder.

Additional Information:
Instructional Method: lecture/lab
Student to faculty ratio: 16:1

QUESTIONS:
If you have questions, please contact course Coordinator, Erin Melton:
emelton@selectmedical.com or 804-290-0107.

Program Accreditation:
Select Medical is an approved provider with the National Athletic Board of Certification #P570 and American Occupational Therapy Association #4018. This course is currently pending approval with the CPTA.

TARGET AUDIENCE: PT OT PTA COTA ATC
LEVEL: Entry Level
CONTACT HOURS: 14