



TO: Managers and Clinicians
FROM: Alan Evans, PT, MOMT, FAAOMPT, MCSP
DATE: 7/28/2010
RE: **EDUCATION PROGRAM ANNOUNCEMENT**
Current Concepts and Practical Applications

Please find below information regarding a clinical education course scheduled for your area:

COURSE: Evaluation & Treatment of Lumbosacral & Sacroiliac Dysfunctions

DATES: September 25-26, 2010

SCHEDULED INSTRUCTORS: Aaron Dragone, MSPT, CSCS
Wilder, KY

LOCATION: NovaCare @ Cedarbrook Plaza
1000 S. Easton Road
Wyncote, PA 19095
Host Center Manager/Contact: Frank Serino

DIRECTIONS: Will be in the Confirmation Letter

Tuition is waived for employees of Select Medical Corporation's Outpatient Division. Course enrollment is limited to 25 participants.

Space is limited and is allocated on a first come first serve basis. Course participants will be given a certificate for 14 contact hours of education. Participants will receive notification by fax or e-mail from the Clinical Education Department confirming their acceptance into the program 4-6 weeks prior to the course. If you have not received confirmation of your status 30 days prior to the date of the program, call 817-488-5159 or email linda.gilles@selectmedicalcorp.com

All participants are expected to attend the entire educational program. No partial continuing education credit can be extended. In the event that an individual who has been confirmed for a program fails to attend without giving prior notification, notification of their absence will be sent to their Market Manager.

Please be advised that the Clinical Education Department will not be able to reimburse the participant for any travel, lodging, or meal costs associated with attendance at the program.

Evaluation & Treatment of Lumbosacral & Sacroiliac Dysfunctions

September 25-26 – Wyncote, PA

Course Overview/Description:

This is a basic course in the fundamentals of diagnosing and treating somatic dysfunction as it relates to the neuro-mechanical / anatomical relationships between the lumbosacral and sacraliliac regions. Subjective history, objective findings, and special tests data are correlated using a simple critical thinking approach to determine a relevant clinical diagnosis. Evidence-informed evaluation and treatment techniques combined with anecdotal information (based on 19 years of clinical experience) are presented clear and simple multi-media format. Mobilizations with Impulse, Muscle Energy Techniques, Myofascial Release Techniques, Exercise, and patient Education are emphasized throughout the 2 day course in both lab and lecture settings. Billing procedures as they relate to course components in the "Therapy Source Documentation System" will be discussed in both lecture and lab presentations.

Target Audience: PTs, PTAs and ATCs

Instructional Level: Entry Level

Course Objectives:

Participants will be able to:

1. Glean significant clinical information using an evidence-informed subjective history questionnaire.
2. Significantly predict a clinical diagnosis based on the development of a correlation between history findings, highly sensitive/specific special testing, and objective measurements/observations.
3. Implement treatment techniques the next day they are working in clinic.
4. Successfully bill for the procedures and information they learn in the 2 day course meeting.
5. Review anatomy, biomechanics, pathology, core sciences, and basic principles of exercise in both lab and lecture settings.

Biography

Aaron received his Bachelor of Science degree (1987) from the State University of New York at Buffalo in Exercise Science & Exercise Physiology. Aaron worked the next 4 years in corporate fitness and continued his education at D'Youville College where he received a Bachelor of Science Degree and a Masters of Science Degree in Physical Therapy. Aaron pursued his continuing education program in manual medicine over a period of several years at the Michigan State School of Osteopathic Medicine. Aaron has attended and taught over 300 continuing education programs on local, regional, and national levels. He has lectured extensively on workers compensation and return-to-work rehabilitation, Strength / power development / endurance as it relates to sports injury management, and evaluation and treatment of the lumbosacral spine. Currently, Aaron is a center manager for NovaCare Rehabilitation in the Wilder, Kentucky office and sits on the Select Medical - NovaCare Advisory Boards for Continuing Education, WorkStrategies, and the Case Study Programs. His current projects include development of an evidenced based aquatics program and functional evaluation / progression program for post-operative spinal fusion patients where he plan to publish research in these areas. He is currently working on an evidence based transition program for progression of strength and conditioning in the injured athlete. Aaron is celebrating his tenth year as a NovaCare employee and views his life in his family and his work as his fun.

Agenda:

Day One

- 7:30 Course registration
- 8:00 Introductions, form groups, and take pre-test.
- 8:45 Review test, perception exercise in groups, paradigm shift.
- 9:30 Break
- 9:45 Anatomy, Biomechanics, and Core Sciences.
- 11:45 Palpation exercise.
- 12:15 Lunch
- 1:15 Subjective History & Visual examination
- 2:15 Objective Evaluation & Special Tests
- 4:00 Break
- 4:15 3 case presentations in groups
- 5:30 Questions, individual tutoring, end of day one.
- 6:00 Adjourn

Day Two

- 7:30 Sign in
- 8:00 Questions
- 8:15 Lecture/lab for Sacroiliac treatment techniques
- 9:45 Break
- 10:00 Lecture/lab lumbosacral techniques
- 12:00 Lunch
- 12:45 Lecture/Lab exercise & modalities as they pertain to mechanical dysfunction
- 3:00 Questions, instructor feedback form, post-test as a group, lets go home!!

Instructor(s) Disclosure:

The instructor has declared he does not have any financial interest or other relationship with the manufacturers or providers of services that may be discussed during the course.

Program Accreditation:

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 14 hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.

Pennsylvania State Board of Physical Therapy and New Jersey Board of Physical Therapy Examiners



ADA Compliance:

The Select Medical Outpatient Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for attendees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impairment that would require special accommodation to ensure a satisfactory learning experience.