



---

TO: Managers and Clinicians  
FROM: Alan Evans, PT, MOMT, FAAOMPT, MCSP  
DATE: July 9, 2010  
RE: **EDUCATION PROGRAM ANNOUNCEMENT**  
**Current Concepts and Practical Clinical Applications**

---

Please find below information regarding a clinical education course scheduled for your area:

**COURSE:** **Spinal Extremity Joint Mobilization: An Eclectic Approach**

**DATES:** September 25-26, 2010

**SCHEDULED INSTRUCTOR:** Alan Evans, PT, MOMT, FAAOMPT, MCSP  
Richmond, VA

**LOCATION:** Kessler Rehab  
2033 Morris Avenue  
Union, NJ 07083  
Host Center Manager/Contact: Cherry Maullon

**DIRECTIONS:** Take 78 west to Rt 22 W toward Hillside. Turn left onto Rt 82, merge onto Morris Ave. The building is on the right. Park on Cross street Pine Avenue by bank.

Tuition is waived for employees of Select Medical Corporation's Outpatient Division. Course enrollment is limited to 30 participants.

Space is limited and is allocated on a first come first serve basis. Course participants will be given a certificate for 13 contact hours of education. Participants will receive notification by fax or e-mail from the Clinical Education Department confirming their acceptance into the program 4-6 weeks prior to the course. If you have not received confirmation of your status 30 days prior to the date of the program, call 817-488-5159 or email [linda.gilles@selectmedicalcorp.com](mailto:linda.gilles@selectmedicalcorp.com)

All participants are expected to attend the entire educational program. No partial continuing education credit can be extended. In the event that an individual who has been confirmed for a program fails to attend without giving prior notification, notification of their absence will be sent to their Market Manager.

Please be advised that the Clinical Education Department will not be able to reimburse the participant for any travel, lodging, or meal costs associated with attendance at the program.

**Spinal Extremity Joint Mobilization: An Eclectic Approach**  
**September 25-26, 2010 – Union, NJ**

**Course Description:**

This entry level program is designed to expose participants to a broad range of readily applicable manual techniques to address common musculoskeletal disorders. It also reviews current outcomes based and scientific evidence for the administration of these techniques, as well as how they are most effectively incorporated in to a treatment regime and contraindications for their use. The course, which focuses upon articular mobilization techniques, is predominantly lab based with the majority of the first day dedicated to the upper quarter and the remainder to the lower quarter.

**Target Audience:** PT, PTA, OT, COTA, ATC

**Instructional Level:** Entry Level

**Course Learning Objectives:**

- Describe the various proposed mechanisms behind the efficacy of manual techniques.
- Describe indications and contraindications for articular mobilization in general and specific techniques in particular.
- Describe current evidence supporting the use of manual therapy.
- Describe the scientific rational behind technique selection and how to optimize patient outcome using a manual therapy / exercise approach to treatment.
- Demonstrate safe and effective application of core manual therapy techniques as they pertain to common musculoskeletal disorders.

**Agenda:**

7.45 Registration  
8.00 The scientific rational and evidence for manual therapy  
9.30 Break  
9.45 The Cervical Spine – Lab  
11.00 The Thoracic Spine & Ribs  
12.00 Lunch  
1.00 The Shoulder Complex  
3.00 Break  
3.15 The Elbow, Hand and Wrist.  
5.00 Close

8.00 The Lumbar Spine and Pelvic Girdle  
10.00 Break  
10.15 The Hip  
11.00 The Knee  
12.00 The Foot and Ankle  
12.45 Break  
1.00 Case Studies  
2.30 Q + A  
3.00 Close

## **Instructor Biography:**

Alan graduated from Queen Margaret University in Edinburgh, Scotland in 1991 with a BSc in physiotherapy, and initially worked in Canada before completing his Fellowship in Sports Medicine with Dr James Andrews at the American Sports Medicine Institute in Birmingham, Alabama. He has also completed a 4 year Manual Therapy residency program in order to receive his Fellowship with the American Academy of Orthopedic Manual Physical Therapists. Alan has been involved with post graduate education since 1994, and currently serves as Director of Education for Select Medical Corporation's Outpatient Division. He is based in Richmond, Virginia.

## **Program Accreditation:**

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 13 hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.

### **New Jersey State Board of Physical Therapy Examiners**



## **ADA Compliance:**

The Select Medical Corporation OP Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for attendees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impairment that would require special accommodation to ensure a satisfactory learning experience.