

Orthopedic Surgical Intervention Shoulder & Knee



We are pleased to announce a clinical education course scheduled for your area!
A course description has been attached.

- DATES:** March 10-11, 2012
- INSTRUCTORS:** Andreas Mueller, MPT, CFMT
- LOCATION:** 5141 Deer Park Drive
New Port Richey, FL 34653
- TARGET AUDIENCE:** PT, OT, PTA, COTA, ATC, SPT, SOT
- INSTRUCTIONAL LEVEL:** Intermediate-Advanced
- TUITION:** \$395 Waived for full time employees of Select Medical's Outpatient Division
- COURSE CAPACITY:** 25 (allocated on a first come first serve basis)
- CONTACT HOURS:** 14.25
- ACCREDITING BODIES:** Approved provider with NATBOC, AOTA & pending approval with the FLPT
- ENROLLMENT:** <http://selectedu.selectmedicalcorp.com/registration.aspx> or contact apsiegel@selectmedicalcorp.com for an application form.

Participants will receive notification by e-mail from the Department of Outpatient Education confirming their acceptance into the program 4-6 weeks prior to the course. If you do not received confirmation of your status please call 804-290-0179 or email apsiegel@selectmedicalcorp.com.

All participants are expected to attend the entire educational program. No partial continuing education credit can be extended. In the event that an individual who has been confirmed for a program fails to attend without giving prior notification, notification of their absence will be sent to their Market Manager.

Please be advised that the Department of Outpatient Education will not be able to reimburse the participant for any travel, lodging, or meal costs associated with attendance at the program.

Please distribute to all clinicians in your markets that do not have access to email or the intranet.

Select Medical Department of Outpatient Education
1794 N. Parham Road, Richmond, VA 23229
Phone: (804) 290-0179 Fax: (717) 635-3054

Orthopedic Surgical Intervention Shoulder & Knee

Course Description:

Orthopedic Surgical Update for the Shoulder and Knee is a 15 hour intermediate-level, evidence-based workshop designed to review common surgeries for the shoulder and knee and outline best demonstrated practice post operative management. This program is designed to provide specific information regarding surgical indications, surgical candidates and surgical procedures. Post operative care including patient education and recognizing post operative complications will be reviewed. Particular emphasis will also be placed on developing post operative rehabilitation programs utilizing core understanding of histology and biomechanics as current research evidence.

Target audience: PT, OT, PTA, COTA, ATC, SPT, SOT

Instructional Level: Intermediate-Advanced

Prerequisites: None

Course Objectives:

Upon completion the participant will be able to:

1. Describe the biomechanical, physiological and psychological considerations for rehab across all orthopedic surgical procedures.
2. Provide a review of the pathophysiology behind specific conditions that commonly present for post surgical rehab.
3. Describe the *symptomatology* and diagnostics of said conditions.
4. Discuss considerations behind the selection of candidates for surgery and surgery type.
5. Describe current surgical management for common shoulder and knee pathologies.
6. Discuss the efficacy of various surgeries based upon outcome data
7. Define current best demonstrated practice and integrate it in to post operative management programs.
8. Identify common post surgical complications and demonstrate effective screening techniques for their presence.
Define parameters that dictate the progression or modification of a post operative management program.

Agenda:

Saturday

8-8:15	Introduction
8:15 -9:15	Histology review
9:15 – 10:00	Shoulder Biomechanics
10:00 – 10:15	Break
10:15 – 11:00	Shoulder Assessment Lab
11:00 – 11:30	Post Operative Review
11:30- 12:30	Lunch
12:30 – 1:30	Shoulder Surgeries: Tendon Procedures
1:30 – 2:30	Shoulder Surgeries: Capsule/ligament Procedures
2:30 – 2:45	Break

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2:45 – 3:45	Shoulder manual and exercise lab
3:45 – 4:30	Shoulder Surgeries: Bone Procedures: SAD, Mumford, Humeral ORIF
4:30 – 5:00	Shoulder Surgeries: Cartilage Procedures
5:00 - 5:30	Case study

Sunday

8:00 – 8:30	Biomechanics
8:30 – 9:30	Ligament Procedures
9:30 – 10:15	Assessment Lab
10:15 – 10:30	Break
10:30 – 11:30	Tendon Procedures
11:30 – 12:30	Cartilage Procedures
12:30 – 1:00	Lunch (Provide Lunch on Sunday)
1:00 – 2:00	Manual and Exercise Lab
2:00 – 2:30	Case Studies and Wrap up

Program Accreditation:

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 14 contact hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.

Florida Physical Therapy Association



ADA Compliance:

The Select Medical Outpatient Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for attendees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impairment that would require special accommodation to ensure a satisfactory learning experience.

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