

Manual Therapy of the Upper Quarter



We are pleased to announce a clinical education course scheduled for your area!
A course description has been attached.

- DATES:** March 3-4, 2012
- INSTRUCTORS:** Alan Evans, PT, MOMT, FAAOMPT, MCSP
- LOCATION:** NovaCare
2135 North Ridge #100
Wichita, KS
- TARGET AUDIENCE:** PT OT PTA COTA ATC SPT SOT
- INSTRUCTIONAL LEVEL:** Intermediate
- TUITION:** \$395 Waived for full time employees of Select Medical's Outpatient Division
- COURSE CAPACITY:** 25
- CONTACT HOURS:** 14
- ACCREDITING BODIES:** Approved provider with NATBOC, AOTA & pending approval with the KS PT Association
- ENROLLMENT:** <http://selectedu.selectmedicalcorp.com/registration.aspx> or contact emelton@selectmedical.com for an application form

Participants will receive notification by e-mail from the Department of Outpatient Education confirming their acceptance into the program 4-6 weeks prior to the course. If you do not received confirmation of your status please call 804-290-0107 or email emelton@selectmedicalcorp.com.

All participants are expected to attend the entire educational program. No partial continuing education credit can be extended. In the event that an individual who has been confirmed for a program fails to attend without giving prior notification, notification of their absence will be sent to their Market Manager.

Please be advised that the Department of Outpatient Education will not be able to reimburse the participant for any travel, lodging, or meal costs associated with attendance at the program.

Select Medical Department of Outpatient Education
1794 N. Parham Road, Richmond, VA 23229
Phone: (804) 290-0107 Fax: (717) 635-3897

Manual Therapy of the Upper Quarter

Course Description:

This entry level program is designed to expose participants to a broad range of readily applicable manual techniques to address common upper quarter musculoskeletal disorders. It also reviews current evidence for the administration of these techniques, as well as how they are most effectively incorporated in to a treatment regime and contraindications for their use. The course, which focuses upon articular mobilization techniques, is lab intensive and is designed to provide participants with a sound grasp of a wide range of techniques with high clinical utility.

Target audience: PT OT PTA COTA ATC SPT SOT

Instructional Level: Entry Level

Prerequisites: None

Course Objectives:

Upon completion the participant will be able to:

1. Describe the various proposed mechanisms behind the efficacy of manual techniques.
2. Describe indications and contraindications for articular mobilization in general and specific techniques in particular.
3. Describe current evidence supporting the use of manual therapy as it relates to disorders of the upper quarter.
4. Describe the scientific rational behind technique selection and how to optimize patient outcome using a manual therapy / exercise approach to treatment.
5. Demonstrate safe and effective application of manual therapy techniques as they pertain to common musculoskeletal disorders.

Day 1

7.45 Registration
8.00 The scientific rational and evidence for manual therapy
9.30 Break
9.45 The Cervical Spine
12.00 Lunch
1.00 The Cervicothoracic Junction
3.00 Break
3.15 The Shoulder Complex & The Elbow
6.00 Close

Day 2

8.00 The Hand & Wrist
10.15 Break
10.30 Case Studies
12.00 Break
12.45 Group Presentations
1.45 Questions
2.00 Close

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Program Accreditation:

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 14 contact hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.

Kansas Physical Therapy Association



ADA Compliance:

The Select Medical Outpatient Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for attendees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impairment that would require special accommodation to ensure a satisfactory learning experience.

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