



**Select Medical Outpatient Division
Clinical Education Department**
1217 Ira E. Woods Avenue, Grapevine TX 76051
Phone: 888-913-7300 or 817-488-5159 Fax: 817-488-5289



TO: Managers and Clinicians
 FROM: Alan Evans, PT, MOMT, FAAOMPT, MCSP
 DATE: 1/22/2010
 RE: **EDUCATION PROGRAM ANNOUNCEMENT
 Current Concepts and Practical Clinical Applications**

Please find below information regarding a clinical education course scheduled for your area:

COURSE: Soft Tissue Mobilization: Advanced Applications

DATES: April 10-11, 2010

SCHEDULED INSTRUCTORS: George Aaron, PT, MHS, OCS, MTC, CFMT, FAAOMPT
 Charlotte, NC

LOCATION: Select Physical Therapy
 2301 S. 291 Highway
 Independence, MO 64057
 Host Center Manage/Contactr: Julie Williams

DIRECTIONS: Facility is located just south of interstate 70 between 291 and Lee's Summit Road on US Highway 40 in the 40 Hi Center Strip Mall on the south side of Highway 40. Parking is available in front of the facility. Kansas City, MO Int'l Airport is 34 miles.

Tuition is waived for employees of Select Medical Corporation's Outpatient Division. Course enrollment is limited to 25-30 participants.

To register for the course, please fill out the attached registration form. Space is limited and is allocated on a first come first serve basis. Course participants will be given a certificate for 13 contact hours of education. Participants will receive notification by fax or e-mail from the Clinical Education Department confirming their acceptance into the program 4 weeks prior to the course. If you have not received confirmation of your status 30 days prior to the date of the program, call 817-488-5159 or email linda.gilles@selectmedicalcorp.com

All participants are expected to attend the entire educational program. No partial continuing education credit can be extended. In the event that an individual who has been confirmed for a program fails to attend without giving prior notification, notification of their absence will be sent to their Market Manager.

Please be advised that the Clinical Education Department will not be able to reimburse the participant for any travel, lodging, or meal costs associated with attendance at the program.

Soft Tissue Mobilization: Advanced Applications
April 10-11, 2010 – Independence, MO

Course Description:

This course addresses the specific evaluation of soft tissue dysfunction and incorporates specific treatment techniques using both static treatment and active movement patterns. The implications of loss of connective tissue tolerance to loading and how this impacts the myofascial tissues is also addressed. Evaluation of postural efficiency and neuromuscular response is also discussed.

Target Audience: *PT, PTAs*

Instructional Level: Intermediate

Learning Objectives:

At the conclusion of this course, the participant will:

Demonstrate an understanding of the basic science fundamentals of:

1. The effects of stress and immobilization on connective tissue.
2. The anatomy and function of the myofascial system

II. Develop an appreciation of the:

1. Interrelationship of the function of the cervical spine, rib cage and shoulder girdle.
2. Three dimension function of the cervicothoracic region.
3. Interrelationship of the function of the lumbar spine, pelvic girdle and hip.
4. Impact of soft tissue dysfunction of effective muscular function.
5. Impact of soft tissue dysfunction on joint range of motion.

III. Develop a basic competence in evaluation including:

1. Understanding the effect of postural dysfunction on the interrelationship of body segments.
2. Be able to explain and demonstrate efficient alignment of the spine in standing with the use of Vertical Spinal Loading.
3. The use of Spinal Neuromuscular Response to assess spine stability in standing
4. Precautions and contraindications for manual therapy treatment.
5. Demonstrate the ability to identify specific soft tissue texture abnormalities.

IV. Develop basic skill in the initiation of treatment including:

1. Manual therapy treatment of specific soft tissue dysfunction.
2. Provide treatment incorporating active movements combined with neuromuscular reeducation.

Course Agenda

Saturday

8:00-8:30	Introduction and overview of course
8:30-8:45	Implications of postural dysfunction
8:45-9:15	Vertical Spinal Loading and Spinal Neuromuscular Response
9:15-10:00	Evaluation and treatment of superficial fascia
10:00-10:30	Lab Session 1
10:30-11:15	Lab Session 2
11:15-12:00	Evaluation and treatment of muscle play
12:00-1:00	Lunch
1:00-1:45	Lab Session 1
1:45-2:30	Lab Session 2
2:30-3:15	Evaluation and treatment of soft tissue attachments to bony structures
3:15-4:00	Lab Session 1
4:00-4:45	Lab Session 2
4:45-5:00	Questions, review and wrap up

Sunday

8:00-8:45	Evaluation and treatment of abdominal area
8:45-9:15	Lab Session 1
9:15-9:45	Lab Session 2
9:45-10:30	Evaluation and treatment of the cervical and shoulder girdle regions
10:30-11:15	Lab Session 1
11:15-12:00	Lab Session 2
12:00-12:30	Review of material, questions and wrap up

Instructor Biography:

Mr. Aaron, PT, MHS, OCS, MTC, CFMT, FAAOMPT graduated from the Medical University of South Carolina with a Baccalaureate Degree in Physical Therapy in 1978 and a Masters Degree in Physical Therapy in 1982. In addition, in 1987, he completed his Manual Therapy Certification with the Institute of Physical Therapy in St. Augustine, FL. He is Board Certified Clinical Specialist in Orthopedic Physical Therapy by the American Board of Physical Therapy Specialties. His professional career has included four years as a member of the academic faculty of the Physical Therapy Program at the Medical University of South Carolina, where he was also a guest lecturer in the College of Dental Medicine. He has attended numerous professional continuing education courses related to the evaluation and treatment of spine dysfunction, and has lectured extensively at various courses and meetings around the US. He continues to teach professional continuing education for physical therapists and physical therapist assistants on a national level. He serves as the National Director of Spine Education Programs with Select Medical, where he is involved in program development, training and patient management. Mr. Aaron is a senior faculty member with the Institute of Physical Art and has served as a special consultant for the Dallas Stars, the Chicago Bulls and Texas Rangers. In addition, he has worked with several Professional Golf Association and Lady Professional Golfer Association Tour Players. Professional memberships include the APTA, the American Academy of Orthopedic Manual Physical Therapists and the American Academy of Pain Management.

Instructor Disclosure Statement:

The instructor has declared a financial interest or relationship with: Better Backs and The Institute of Physical Art

Program Accreditation:

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 13 contact hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.



ADA Compliance:

The Select Medical Outpatient Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for attendees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impairment that would require special accommodation to ensure a satisfactory learning experience.