

Evaluation & Treatment of the Foot & Ankle



We are pleased to announce a clinical education course scheduled for your area!
A course description has been attached.

DATES: March 24-25, 2012

INSTRUCTORS: Robert Mangine MEd, PT, ATC & Marsha Eifert-Mangine EdD, PT, ATC

LOCATION: Kessler
275 Forest Avenue
Paramus, NJ 07652

TARGET AUDIENCE: PT PTA ATC

INSTRUCTIONAL LEVEL: Intermediate

TUITION: \$395 Waived for full time employees of Select Medical's Outpatient Division

COURSE CAPACITY: 25

CONTACT HOURS: 11.25

ACCREDITING BODIES: Approved provider with NATBOC, AOTA & pending approval with the PA Board of Physical Therapy Examiners and the New Jersey Board of Physical Therapy

ENROLLMENT: <http://selectedu.selectmedicalcorp.com/registration.aspx> or contact emelton@selectmedical.com for an application form

Participants will receive notification by e-mail from the Department of Outpatient Education confirming their acceptance into the program 4-6 weeks prior to the course. If you do not received confirmation of your status please call 804-290-0107 or email emelton@selectmedicalcorp.com.

All participants are expected to attend the entire educational program. No partial continuing education credit can be extended. In the event that an individual who has been confirmed for a program fails to attend without giving prior notification, notification of their absence will be sent to their Market Manager.

Please be advised that the Department of Outpatient Education will not be able to reimburse the participant for any travel, lodging, or meal costs associated with attendance at the program.

Please distribute to all clinicians in your markets that do not have access to email or the intranet.

Select Medical Department of Outpatient Education
1794 N. Parham Road, Richmond, VA 23229
Phone: (804) 290-0107 Fax: (717) 635-3897

Evaluation & Treatment of the Foot & Ankle

Course Description:

This intensive one day lecture/lab program gives the participant the opportunity to learn from two nationally recognized experts on the management of the foot and ankle pathology. The program is designed to expose participants to current research and best demonstrated practice pertaining to common foot and ankle conditions coupled with intervention strategies and techniques which are immediately employable. This program represents an outstanding learning opportunity for the outpatient clinician.

Target audience: PT PTA ATC

Instructional Level: Intermediate

Prerequisites: None

Course Objectives:

Upon completion the participant will be able to:

Know and understand anatomy and biomechanics of the foot and ankle complex.

Describing the features and function of each sub-phase of a typical gait cycle as related to LE joint mechanics.

Describe common gait deviations, their functional significance and common compensations associated with foot and ankle pathology.

Apply physical therapy evaluation and treatment interventions as related to common foot and ankle pathologies and gait deviations.

Describe the healing process of soft tissues and bone and apply these principles to the development of treatment plans for patients with foot and ankle pathologies including tendon pathologies, fractures, ligament injuries and overuse injuries.

Utilize the orthotic prescription (off the shelf and costume) as well as shoe prescription and education to augment treatment interventions.

Day 1

7.45 Introduction and overview of course expectations

8.00 Review of Anatomy and Biomechanics of the ankle and foot complex

10.00 Break

10.15 Evaluation and Rehabilitation Techniques for Ankle Management, (with lab) Therapeutic Intervention, Taping and Bracing

12.15 Lunch

1.15 Ankle and foot fractures and rehabilitation of the hypomobile LE (w/lab)

3.15 Break

3.30 Overuse injuries: evaluation and management (includes modalities)

Day 2

8.00 Effects of Lower Extremity Alignment on LE Pathology and Gait (with lab)

10.00 Break

10.15 Management of LE pathology with Orthotics (w/lab)

12.15 Lunch

1.00 Functional return to activity following LE injury (w/lab)

4.00 Close

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Program Accreditation:

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 11.25 contact hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.

PA Board of Physical Therapy Examiners & The NJ Board of Physical Therapy



ADA Compliance:

The Select Medical Outpatient Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for attendees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impairment that would require special accommodation to ensure a satisfactory learning experience.

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