



**Select Medical Outpatient Division
Clinical Education Department**
1217 Ira E. Woods Avenue, Grapevine TX 76051
Phone: 888-913-7300 or 817-488-5159 Fax: 817-488-5289



TO: Managers and Clinicians
FROM: Alan Evans, PT, MOMT, FAAOMPT, MCSP
DATE: 7/9/2010
RE: **EDUCATION PROGRAM ANNOUNCEMENT
Current Concepts and Practical Clinical Applications**

Please find below information regarding a clinical education course scheduled for your area:

COURSE: Functional Capacity Evaluation
DATES: September 25-26, 2010
SCHEDULED INSTRUCTOR: Kathy Beckett, PT
Orlando, FL
LOCATION: Select Physical Therapy
560 Grady Ave, Ste. C
Fayetteville, GA 30214
Host Center Manager/Contact: Melanie Harris

DIRECTIONS: From I 75 South: Take the GA HWY 85 exit 237A. You will go about 8 miles until you get to Fayetteville. Turn Right on GAHWY 54 west just after Allan Vigil Ford. Go to the third traffic light and take a Left onto Grady Ave. We are in the Bradford square complex on the Right. From I 85/ Airport: Take I 85 S to Hwy 138 exit 64- turn left. Go 3-4 miles to GA 279(Evander Holyfield parkway) turn right at light. Follow 2-3 miles to GA hwy 314 turn right (first light). Follow to GA 85S turn right at light after Bruesters Ice Cream. Follow GA 85 to hwy 54W turn right (after Allan Vigil Ford on left). At third traffic light turn left on Grady Avenue, we are in the Bradford Square complex (3rd entrance) on the right. Please call for directions from other points. Parking is available at the facility.

Tuition is waived for employees of Select Medical Corporation's Outpatient Division. Course enrollment is limited to 30 participants.

Space is limited and is allocated on a first come first serve basis. Course participants will be given a certificate for 14 contact hours of education. Participants will receive notification by fax or e-mail from the Clinical Education Department confirming their acceptance into the program 4-6 weeks prior to the course. If you have not received confirmation of your status 30 days prior to the date of the program, call 817-488-5159 or email linda.gilles@selectmedicalcorp.com

All participants are expected to attend the entire educational program. No partial continuing education credit can be extended. In the event that an individual who has been confirmed for a program fails to attend without giving prior notification, notification of their absence will be sent to their Market Manager.

Please be advised that the Clinical Education Department will not be able to reimburse the participant for any travel, lodging, or meal costs associated with attendance at the program.

Functional Capacity Evaluation **September 25-26, 2010 – Fayetteville, GA**

Course Description:

This course will provide extensive training in the Select Medical Work Strategies standardized Functional Capacity Evaluation. It will provide the theoretical methods of functional testing, provide a standardized step-by-step methodology for Functional Capacity Testing, and explain clinical rationale necessary for interpretation of functional testing data. The FCE education will reinforce an understanding of Worker's Compensation, Short/Long Term Disability, National Contracts and Internal/External Referral Mechanisms. Upon completion of this course the clinician will be capable of performing the Select Medical Work Strategies Standardized FCE. In addition to FCE test methodology and data interpretation, the course will provide participants with FCE documentation training and report writing skills.

Target Audience: PT, PTA, OT, COTA

Instructional Level: Intermediate

Prerequisites:

All clinicians must read the Select Medical FCE Training Manual and pass the Select Medical Work Strategies Self Study Course Test prior to attending the FCE Training. The self study exam is located on page 175 of the Select Medical FCE Training Manual. The FCE Training Manual is located at: http://smcweb/outpatient/novacare/ws/fce/FCE_Select_Medical_Training_Manual.pdf. The FCE Training Manual is located under the outpatient division WorkStrategies intranet site <http://smcweb/outpatient/workstrategies.asp>. You will be able to access the FCE Policy and Procedure Training Manual and required to successfully complete the WorkStrategies FCE Certification Examination Questions prior to attending the FCE Training. Completed exams should be faxed to the continuing education department to the attention of Glenda Bell @ **FAX to 817-488-5289** for scoring.

***Each clinician will be responsible for printing a copy of the FCE Training Manual and FCE forms. Bring the FCE Training Manual and Forms to the FCE Training course.*

Course Objectives

The participant will be able to:

1. Administer the Select Medical Work Strategies Standardized Functional Capacity Evaluation.
2. Develop professional skills to provide objective answers to the referral
3. Identify the purpose of FCE testing.
4. Understand how to interpret data and professionally determine an individual's ability.
5. Understand how to apply the FCE to Workers' Compensation and Long Term Disability patients
6. Develop a clear, concise method of report writing.
7. Write an objective report using the Select Medical Work Strategies FCE software.
8. Develop new market referral sources to enhance facility revenue through FCE services.

Instructor Biography:

Kathy Beckett, PT is currently a National Clinical Director of WorkStrategies. She earned a Bachelor of Science degree in Physical Therapy from West Virginia University in 1984. Kathy has 24 years of clinical experience in the management and delivery of Workers' Compensation Injury Prevention and Management Services including Functional Capacity Evaluations, Work Conditioning, Work Hardening, Post Offer of Employment programs, Job Site analysis and On-site programming. She has lectured on various topics, including Functional Capacity Evaluations, Work Conditioning and Work Hardening, Management of Injured Workers, Industrial Rehabilitation, Evidence Based Practice in Workers' Compensation and Utilization Management in Rehabilitation.

Agenda

8:00 am	Introduction, Attendance, Course Overview, Objectives
8:30 am	FCE Theory, Methodology and Equipment
9:30 am	Referral Procedures and FCE Forms
10:00 am	Intake Interview, Vital Signs, Medical History, Pain Drawing, Job / Occupational History, Cardiovascular Profile, Clinical Observations
11:00 am	Musculoskeletal Screening
12:00 pm	Lunch
1:00 pm	Aerobic Capacity / Cardiovascular Conditioning Assessment and Lab
2:00 pm	Isometric Consistency Testing and Lab
3:00 pm	Dynamic Lift Testing – Occasional, Frequent, Job Specific and Lab
4:00 pm	Positional Tolerance – Non-Material Handling and Lab
5:00	Conclusion

Day 2

8:00 am	LAB
10:00 am	Functional Data Interpretation
11:00 am	Report Generation FCE Report Review and QA processes
12:30 pm	Lunch
1:30 pm	FCE process Review
2:30 pm	Wrap-up/Adjourn

Instructor Disclosure Statement:

The instructor has declared that she does not have a financial interest or other relationship with the manufacturers or providers of services that may be discussed in the course.

Program Accreditation:

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 14 contact hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.

Physical Therapy Association of Georgia



ADA Compliance:

The Select Medical Outpatient Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for all attendees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impairment that would require special accommodation to ensure a satisfactory learning experience.