



TO: Managers and Clinicians
FROM: Alan Evans, PT, MOMT, FAAOMPT, MCSP
DATE: 3/19/2010
RE: **EDUCATION PROGRAM ANNOUNCEMENT**
Current Concepts and Practical Clinical Applications

Please find below information regarding a clinical education course scheduled for your area:

COURSE: **Advanced Shoulder Update**

DATES: June 5-6, 2010

SCHEDULED INSTRUCTOR: Ryan Perry, PT, DPT, OCS, CSCS, MTC, FAAOMPT
Chicago, IL

LOCATION: NovaCare – Metro Location
2104 Northdale Blvd., Ste. 100
Coon Rapids, MN 55362
Host Center Manager/Contact: Paul Hansen

DIRECTIONS: The clinic is in the Lifetime Fitness Building located near the Highway 10 and Hanson intersection in Coon Rapids. The course will be held in the Education Room of Lifetime Fitness. Please enter the main doors of Lifetime. Parking is available in the lot.

Tuition is waived for employees of Select Medical Corporation's Outpatient Division. Course enrollment is limited to 30 participants.

Space is limited and is allocated on a first come first serve basis. Course participants will be given a certificate for 12 contact hours of education. Participants will receive notification by fax or e-mail from the Clinical Education Department confirming their acceptance into the program 4 weeks prior to the course. If you have not received confirmation of your status 30 days prior to the date of the program, call 817-488-5159 or email linda.gilles@selectmedicalcorp.com

All participants are expected to attend the entire educational program. No partial continuing education credit can be extended. In the event that an individual who has been confirmed for a program fails to attend without giving prior notification, notification of their absence will be sent to their Market Manager.

Please be advised that the Clinical Education Department will not be able to reimburse the participant for any travel, lodging, or meal costs associated with attendance at the program.

Advanced Shoulder Update
June 5-6, 2010 – Coon Rapids, MN

Course Description:

This 1½ day program is designed to bridge the gap between scientific research and clinical practice. The concepts and principles presented will emphasize current and innovative approaches to the biomechanical evaluation and treatment of shoulder pathology. Teaching methods will include lecture (50%) and lab practice (50%). The focus of the program is on immediate clinical application of evidence-based practice in a limited access environment.

Target Audience: PT, PTA, OT, COTA , ATC, SPT, SOT

Instructional Level: Intermediate to Advanced

Course Objectives

EDUCATIONAL OBJECTIVES:

1. explain and integrate the functional anatomy of the SC, AC, GH, and scapulothoracic joints into a plan of care on behalf of a patient
2. explain the functional and stabilizing function of the muscles and ligaments of the shoulder
3. define the biomechanical and EMG relationships of the upper extremity during functional activities
4. have an in-depth understanding of adhesive capsulitis, impingement syndrome, and labral lesions
5. perform a comprehensive and efficient orthopedic clinical examination of the shoulder based on current diagnostic evidence
6. understand the specificity, sensitivity and likelihood ratios for common special tests used in daily practice
7. name the common signs and symptoms of operative and non-operative pathologies of the shoulder
8. explain the evidence based rationale and general treatment concepts of orthopedic shoulder pathologies so as to design and implement specific therapeutic activities
9. perform manual and therapeutic exercise techniques for the shoulder
10. construct and implement a functional rehabilitation program with accurate dosage in the treatment of shoulder injuries

Ryan Perry, PT, DPT, OCS, MTC, CSCS, FAAOMPT graduated from Bradley University in 2001 with a Bachelor of Science in Physical Therapy. He then attained his Certified Strengthening and Conditioning Specialist (CSCS) in 2002. In 2004 Ryan completed his Manual Therapy Certification (MTC) through the Ola Grimsby Institute. Ryan proceeded to complete an orthopedic residency in 2005 through the Ola Grimsby Institute, which led to his Doctor of Physical Therapy (DPT) in 2006. Ryan completed the Fellowship Program in 2006, also through the Ola Grimsby Institute, which led to him being distinguished as a Fellow of the American Academy of Orthopedic Manual Physical Therapists (FAAOMPT).

Ryan has been very active with continuing education with an emphasis on manual therapy. He has been active in the HealthSouth/ NovaCare national journal club both as a member and moderator. Ryan has been a Site Coordinator / Center Manager since 2004. He also is the head of the Chicagoland Continuing Education Team and serves as a member of the National Clinical Career Ladder Advisory Panel. Finally, he is happily married to his beautiful wife, Stacy.

Instructor Disclosure Statement:

The presenter has declared that he does not have any financial interest or relationship with the manufacturers or providers of services that may be discussed in the course.

Agenda

Day One

- 7:30 Course Introduction, Overview, and Objectives
- 8:00 Key Anatomical/Biomechanical Concepts
- 8:30 Evaluation/Examination
- 10:00 Break
- 10:15 Evaluation/Examination LAB
- 12:00 Lunch Break
- 1:00 Pathology Management – Subacromial Impingement Syndrome, Partial Rotator Cuff Tears & Adhesive Capsulitis
- 2:00 Joint and Soft Tissue Mobilization
- 2:45 Break
- 3:00 Joint and Soft Tissue Mobilization Lab
- 5:00 Adjourn

Day Two

- 7:45 Educational Activity Overview
- 8:00 Saturday Review
- 8:15 Pathology Management – Internal Impingement & Labral Lesions
- 9:00 Therapeutic Exercise Lecture / Exercise Dosage
- 9:45 Break
- 10:00 Therapeutic Exercise Lab
- 11:00 Case Studies
- 11:45 Tool Box Info, Q/A, Course Wrap-Up
- 12:00 Adjourn

Program Accreditation:

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 12 contact hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.

Minnesota Board of Physical Therapy



ADA Compliance:

The Select Medical Outpatient Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for attendees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impairment that would require special accommodation to ensure a satisfactory learning experience.