



**Select Medical Outpatient Division  
Clinical Education Department**

1217 Ira E. Woods Avenue, Grapevine TX 76051  
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TO: Managers and Clinicians  
FROM: Alan Evans, PT, MOMT, FAAOMPT, MCSP  
DATE: 8/19/2010  
RE: **EDUCATION PROGRAM ANNOUNCEMENT**  
**Current Concepts and Practical Clinical Applications**

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Please find below information regarding a clinical education course scheduled for your area:

**COURSE:** **Muscle Energy of the Lumbar Spine and Pelvis**  
*(additional program information available at <http://selecteduselectmedicalcorp.com>)*

**DATES:** November 6-7, 2010

**SCHEDULED INSTRUCTORS:** David Hoyle, PT, MA, OCS, MTC  
Storrs, CT

**LOCATION:** NovaCare  
1198 Smiley Avenue  
Cincinnati, OH 45240  
Host Center Manager/Contact: Mark Daasch

**DIRECTIONS:** Will be in the Confirmation Letter

Tuition is waived for employees of Select Medical Corporation's Outpatient Division. Course enrollment is limited to 30 participants.

Space is limited and is allocated on a first come first serve basis. Course participants will be given a certificate for 13.5 contact hours of education. Participants will receive notification by fax or e-mail from the Clinical Education Department confirming their acceptance into the program 4-6 weeks prior to the course. If you have not received confirmation of your status 30 days prior to the date of the program, call 817-488-5159 or email [linda.gilles@selectmedicalcorp.com](mailto:linda.gilles@selectmedicalcorp.com)

All participants are expected to attend the entire educational program. No partial continuing education credit will be extended. Participants who do not complete the program or cancel or "no-show" for the program will be subject to a lowered preference status for subsequent programs in the area.

Please be advised that the participants will not be reimbursed by the clinical education department for any travel, lodging, or meal costs associated with attendance at the program. These expenses will be the responsibility of the attending participant and/or their facility.

**Muscle Energy of the Lumbar Spine and Pelvis**  
**November 6-7, 2010- Cincinnati, OH**

**Course Description:**

This course is intended for the clinician who has a basic knowledge of the evaluation and treatment of the lumbar spine and pelvis and is looking to diversify their treatment tools. The course will review anatomy and biomechanics of the lumbopelvic region, review osteopathic theory as related to segmental muscle hypertonicity and treatment as well as evaluation and treatment techniques using Muscle Energy.

**13.5 Contact Hours**

**Target Audience:** PTs

**Instructional Level:** Intermediate

**Course Objectives:**

Following completion of the course the participant will be able to:

- understand the basic principles and theories surrounding Muscle Energy Techniques
- appropriately identify postural bony landmarks
- perform lumbar and sacral-iliac special tests
- employ Muscle Energy Techniques to restore normal movement
- document findings and treatments in TherapySource
- integrate newly learned tools into current practice

**Agenda:**

**Saturday**

7:45	Registration
8:00-8:30am	Introductions, Housekeeping
8:30-9:00am	Review of Anatomy and Biomechanics
9:30-10:00am	Surface Palpation
10:00-10:30am	Introduction to Osteopathy
10:30-10:45am	Break
10:45-12:00pm	Special Tests of the Lumbar Spine
12:00-1:00pm	Lunch
1:00-3:00pm	Evaluation and Treatment of the Lumbar Spine Using MET
3:15-3:30	Break
3:30-5:00	Evaluation and Treatment of the Lumbar Spine Using MET

**Sunday**

8:00-8:30am	Questions and Review
8:30-12:00pm	Evaluation and Treatment of the Pelvis Using MET
12:00-1:00pm	Lunch
1:00-2:00pm	Evaluation and Treatment of the Pelvis Using MET (cont)
2:00-3:00pm	Integration of Theories and Techniques, Questions (Answers?)

## **Instructor Biography:**

### **David Hoyle, PT, MA, OCS, MTC**

Mr. Hoyle is a 1987 Graduate from the University of Connecticut with a degree in physical therapy. He also received his Master's of Arts in Exercise Sciences from UCONN. Mr. Hoyle has 18 years of experience treating a variety of musculoskeletal dysfunction in a variety of settings. He has been a Board Certified Specialist in Orthopedic Physical Therapy for more than 10 yrs and obtained his Certification in Manual Therapy from the University of St. Augustine more than 10 yrs ago. Mr. Hoyle uses an eclectic approach to treating the lumbar spine and pelvis in his day to day practice.

## **Instructor Disclosure Statement:**

The instructor has declared he does not have any financial interest or other relationship with the manufacturers or providers that may be discussed in this course.

## ***Program Accreditation:***

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 13.5 contact hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.

Ohio Physical Therapy Association and Kentucky Physical Therapy Association



## ***ADA Compliance:***

The Select Medical Outpatient Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for any attendees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impairment that would require special accommodation to ensure a satisfactory learning experience.