

Advanced Shoulder Update



We are pleased to announce a clinical education course scheduled for your area!
A course description has been attached.

DATES: February 25-26, 2012

INSTRUCTORS: Ryan Perry, PT, DPT, OCS, CSCS, FAAOMPT

LOCATION: 151 West Mineral Ave., Suite 116A
Littleton, CO 80120

TARGET AUDIENCE: PT OT PTA COTA ATC SPT SOT

INSTRUCTIONAL LEVEL: Advanced

TUITION: \$395 Waived for full time employees of Select Medical's Outpatient Division

COURSE CAPACITY: 25

CONTACT HOURS: 12

ACCREDITING BODIES: Approved provider with NATBOC & AOTA

ENROLLMENT: <http://smportal/Departments/OutpatientDivision/OutpatientEducation/SelectLivePrograms/CourseCalendar/tabid/643/Default.aspx> or contact emelton@selectmedical.com for an application form .

Participants will receive notification by e-mail from the Department of Outpatient Education confirming their acceptance into the program 4-6 weeks prior to the course. If you do not received confirmation of your status please call 804-290-0107 or email emelton@selectmedicalcorp.com.

All participants are expected to attend the entire educational program. No partial continuing education credit can be extended. In the event that an individual who has been confirmed for a program fails to attend without giving prior notification, notification of their absence will be sent to their Market Manager.

Please be advised that the Department of Outpatient Education will not be able to reimburse the participant for any travel, lodging, or meal costs associated with attendance at the program.

Please distribute to all clinicians in your markets that do not have access to email or the intranet.

Select Medical Department of Outpatient Education
1794 N. Parham Road, Richmond, VA 23229
Phone: (804) 290-0107 Fax: (717) 635-3897

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Course Description:

This 1½ day program is designed to bridge the gap between scientific research and clinical practice. The concepts and principles presented will emphasize current and innovative approaches to the biomechanical evaluation and treatment of shoulder pathology. Teaching methods will include lecture (50%) and lab practice (50%). The focus of the program is on immediate clinical application of evidence-based practice in a limited access environment.

Target audience: PT OT PTA COTA ATC

Instructional Level: Advanced

Prerequisites: None

Course Objectives:

Upon completion the participant will be able to:

- Explain and integrate the functional anatomy of the SC, AC, GH, and scapulothoracic joints into a plan of care on behalf of a patient
- Explain the functional and stabilizing function of the muscles and ligaments of the shoulder
- Define the biomechanical and EMG relationships of the upper extremity during functional activities
- Have an in-depth understanding of adhesive capsulitis, impingement syndrome, and labral lesions
- Perform a comprehensive and efficient orthopedic clinical examination of the shoulder based on current diagnostic evidence
- Understand the specificity, sensitivity and likelihood ratios for common special tests used in daily practice
- Name the common signs and symptoms of operative and non-operative pathologies of the shoulder
- Explain the evidence based rationale and general treatment concepts of orthopedic shoulder pathologies so as to design and implement specific therapeutic activities
- perform manual and therapeutic exercise techniques for the shoulder

Day One

- 7:30 Course Introduction, Overview, and Objectives
- 8:00 Key Anatomical/Biomechanical Concepts
- 8:30 Evaluation/Examination
- 10:00 Break
- 10:15 Evaluation/Examination LAB
- 12:00 Lunch Break
- 1:00 Pathology Management – Subacromial Impingement Syndrome, Partial Rotator Cuff Tears & Adhesive Capsulitis
- 2:00 Joint and Soft Tissue Mobilization
- 2:45 Break
- 3:00 Joint and Soft Tissue Mobilization Lab
- 5:00 Adjourn

Day Two

- 7:45 Educational Activity Overview
- 8:00 Saturday Review
- 8:15 Pathology Management – Internal Impingement & Labral Lesions
- 9:00 Therapeutic Exercise Lecture / Exercise Dosage
- 9:45 Break
- 10:00 Therapeutic Exercise Lab
- 11:00 Case Studies
- 11:45 Tool Box Info, Q/A, Course Wrap-Up
- 12:00 Adjourn

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Program Accreditation:

The Select Medical Outpatient Clinical Education Department is approved or has applied for accreditation by the following organizations or licensing bodies to provide continuing education for this program. The program offers 12 contact hours for full attendance and completion of all course requirements. Accreditation by the providers below does not imply endorsement of the course content, specific products, or clinical procedures. Approval or endorsement by other organization or licensing bodies is the responsibility of the participant.



ADA Compliance:

The Select Medical Outpatient Clinical Education Department will take all reasonable measures to guarantee equal access to learning opportunities for attendees with disabilities. Educational programming will be sensitive to any sensory or physical impairment that requires special arrangements on behalf of the participant. Please indicate on your registration form if you should be contacted regarding any physical or mental impairment that would require special accommodation to ensure a satisfactory learning experience.

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